

Brigham City Bear River Mental Health Outpatient Clinic

First Grade and Kindergarten Group: A weekly group for boys and girls in kindergarten or first grade focusing on skills for emotional regulation, empathy, and self-control. Skills are taught in an atmosphere supported by caring staff. "Learning to Listen, Learning to Care" is the current curriculum for group. Clients engage in supervised peer interactions and fun activities which reinforce skills being taught.

**Group experiences may also take place in the local community. Limited transportation available from schools to clinic and to homes after group.